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*****Media Video/Photo Opportunity*****

**New Tampa YMCA Holds Ribbon-Cutting Ceremony for
New Outdoor Conditioning Area**

WHAT: The community is invited to join the [New Tampa Family YMCA](#) and the Greater Wesley Chapel Chamber of Commerce at a ribbon-cutting ceremony for the new outdoor conditioning area. Adults, teens and children can take advantage of the new outdoor conditioning area for strength training, Rip:60 suspension training, boot camps, obstacle courses and more! Light refreshments will be provided.

WHEN: Thursday, April 30, 2015, 4:00 p.m.

WHERE: [New Tampa Family YMCA](#)
16221 Compton Drive
Tampa, FL 33647

WHY: The new outdoor conditioning area provides continued opportunities for adults, teens and children in the community to get active, fight the obesity epidemic and improve their overall health. The following programs are available in the new outdoor conditioning area:

- Free Community Outdoor Boot Camp – 1st Saturday of every month at 10 a.m. (YMCA membership *NOT* required)
- Group Outdoor Conditioning Class with a Certified Personal Trainer – Monday/Wednesday at 10 a.m. (\$80/month, free trial class available)
- Group Outdoor Conditioning Class with a Certified Personal Trainer – Monday/Wednesday at 6 p.m. (\$80/month, free trial class available)
- Youth Conditioning Classes for ages 8-12 – Tuesday/Thursday at 4 p.m. (\$42-\$70/month, free trial class available)

All New Tampa YMCA adult members can access the new outdoor conditioning area during normal operating hours. The youth conditioning area is open and staffed during normal Youth Zone operating hours. **Nonmembers who mention the Greater Wesley Chapel Chamber of Commerce ribbon-cutting or the new outdoor conditioning area will pay no join fee from April 30th – May 7th.**

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