



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

FOR IMMEDIATE RELEASE

Media Contact:

Lalita Llerena
Tampa Metropolitan Area YMCA
813.224.9622 ext. 240
813.545.7772 (cell)
Lalita.Llerena@tampaymca.org

Tampa YMCA Accepting Healthy Living Mini-Grant Proposals for Sulphur Springs Community

Mini-grants can provide guidance on getting more active, eating healthier or community revitalization activities resulting in more green and walkable space.

Tampa, FL (Aug. 13, 2013) – The Tampa Metropolitan Area YMCA is accepting mini-grant proposals for healthy living programs and activities as part of its *Creating a Healthier Sulphur Springs for Kids* partnership with the Florida Blue Foundation. All mini-grant proposals must support the strategies, activities and policies outlined in the Call to Action, which can be accessed online at: <http://www.tampaymca.org/chssk>.

Starting August 15, interested organizations may apply for up to \$10,000 in grants and must submit a proposal by 4pm on September 12, 2013.

Attendance at an informational session is strongly suggested in order to submit an application. Technical assistance workshops and appointments for individual support will also be offered throughout August. Details on available dates and times will be posted to <http://www.tampaymca.org/chssk> or can be obtained by contacting Saima Qadree at saima.qadree@tampaymca.org or 813.924.7563.

For additional information, please contact Saima at the information above or Maureen Chiodini at Maureen.Chiodini@tampaymca.org / 813.224.9622; or Sharon McArthur at Sharon.McArthur@tampaymca.org / 813.229.9622.

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About the Y**

The Tampa Metropolitan Area YMCA is one of the area's leading nonprofits, strengthening Hillsborough and East Pasco communities through youth development, healthy living and social responsibility. Across the Association, 19 facilities engage more than 160,000 men, women and children — regardless of age, income or background — to nurture the potential of children and teens, improve our community's health and well-being, and provide opportunities to give back and support neighbors. The Tampa Y has long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change. www.tampaymca.org

About the Florida Blue Foundation

The Florida Blue Foundation, formerly the Blue Cross and Blue Shield of Florida Foundation, is a separate, philanthropic affiliate of Florida Blue, Florida's Blue Cross and Blue Shield company. The Foundation and its parent are independent licensees of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield companies. For more information about the Foundation, please visit www.bluefoundationfl.com