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Tampa YMCA to Provide Free Water Safety Lessons

Tampa, FL (Feb. 9, 2015) –[The Tampa Metropolitan Area YMCA](#) will plunge into the upcoming swim season by providing free water safety lessons to children during SPLASH! Week March 9-12.

"SPLASH! Week is a community outreach program that focuses on teaching children how to be safe in and around the water, particularly for youth from underserved communities who might otherwise not have access to swim lessons," says Tampa Y Aquatics Executive Amanda Walker. "The Tampa YMCA is committed to providing this free program annually in the spring to help keep kids safe at the beach, the pool, the lake and while boating. We want to raise awareness about the importance of swimming as not only a fun way to stay fit, but as a critical safety skill."

SPLASH! Week will be open to swimmers and non-swimmers alike, ages 3-12 years. Free classes include a 40-minute water safety lesson taught by certified swim instructors. Participants are grouped by ages. Classes will focus on water familiarization, pool rules, water safety rules, safe water entry and exit, front and back floating, basic front and back paddling, treading water and personal safety/rescue skills. YMCA membership is NOT required; however, pre-registration is required due to limited space. Participants must bring their own swimsuit and towel. **Classes take place March 9-12, Monday through Thursday.** Times vary based on each YMCA branch. Contact the following participating branches to pre-register:

[Bob Gilbertson Central City Family YMCA](#)

110 East Palm Ave.
Tampa, FL 33602
813.229.9622

[East Pasco Family YMCA](#)

37301 Chapel Hill Loop
Zephyrhills, FL 33541
813.780.9622

[Northwest Hills. Family YMCA](#)

8950 W. Waters Ave.
Tampa, FL 33615
813.249.8510

[Bob Sierra Family YMCA](#)

4029 Northdale Blvd.
Tampa, FL 33624
813.962.3220

[New Tampa Family YMCA](#)

16221 Compton Dr., Tampa, FL 33647
813.866.9622

[Plant City Family YMCA](#)

1507 YMCA Pl., Plant City, FL 33563
813.757.6677

[Campo Family YMCA](#)

3414 Culbreath Rd., Valrico, FL 33596
813.684.1371

[North Brandon Family YMCA](#)

3097 S. Kingsway Rd.
Seffner, FL 33584
813.685.5402

[South Tampa Family YMCA](#)

4411 S. Himes Ave.
Tampa, FL 33611
813.839.0210

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About the Y

The Tampa Metropolitan Area YMCA is a cause-driven [4-star charity](#) and one of the area's leading nonprofits, strengthening Hillsborough and East Pasco communities through youth development, healthy living and social responsibility. Across the Association, 19 facilities engage more than 167,000 men, women and children — regardless of age, income or background — to nurture the potential of children and teens, improve our community's health and well-being, and provide opportunities to give back and support neighbors. The Tampa Y has long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change. www.tampaymca.org