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Tampa YMCA Starts Fall Sessions of Free Toddler Program

Tampa, FL (Aug. 18, 2015) – The [Tampa Metropolitan Area YMCA](#) is launching its fall sessions of *Caring and Learning with Me* – a free community program for parents, relatives and caregivers of children ages five and under.

Caring and Learning with Me is offered at these two locations:

Plant City Family YMCA,
1507 YMCA Place, Plant City, FL 33563
813.757.6677
August 26 - June 9
Monday/Wednesday or Tuesday/Thursday, 10:00 am – 12:00 pm

Layla's House
1506 East Eskimo Avenue, Tampa, FL 33604
813.443.5004
August 31 - June 8
Monday/Wednesday, 10:00 am – 12:00 pm

Caring and Learning with Me is an evidence-based program which provides both child and caregiver with developmentally-appropriate and culturally-sensitive curriculum to help young children enter school ready to learn and succeed. In the *Caring and Learning with Me* program, facilitators use music, story time, art and outdoor play to prepare young kids for school. Healthy snacks are also provided. In addition, on-going learning opportunities back at home assure program quality and impact.

For more information, please contact Marta Laos at marta.laos@tampaymca.org or 813.676.5070 ext.1279. Caregivers can also sign up in-person at the Plant City Y or Layla's House.

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About the Tampa Y

The Tampa Metropolitan Area YMCA is one of the area's leading nonprofits, strengthening Hillsborough and East Pasco communities through youth development, healthy living and social responsibility. Across the Association, 19 facilities engage more than 160,000 men, women and children — regardless of age, income or background — to nurture the potential of children and teens, improve our community's health and well-being, and provide opportunities to give back and support neighbors. The Tampa Y has long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change. www.tampaymca.org