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## Plant City YMCA to Honor Joe Sedita with Strong Leader Award

**Tampa, FL (June 15, 2015)** – The [Plant City Family YMCA](#) is pleased to honor Joe Sedita at its 13<sup>th</sup> annual Strong Leader Dinner. Sedita's contributions to the Plant City community echo the Y's commitment to strengthening the community through youth development, healthy living and social responsibility.

As the retired founder of the accounting and financial management firms, Sedita Kilton & Company CPAs, PL and Sedita Kilton Life & Wealth Management, LLC, Sedita's life motto is, "Don't let your fears get in the way of your dreams." Sedita was honored as Plant City's 2013 *Outstanding Citizen of the Year* for making a significant, positive impact on Plant City. He's a Disaster Recovery Team member for the First United Methodist Church of Plant City and helped clean up a tornado-ravaged area in Alabama last year. Sedita is also an active member of Plant City Toastmasters, which he helped establish in 1985. Sedita has served as a Boy Scout cubmaster, assistant scoutmaster, PTA officer, Sunday school teacher and tutor. He also has held various leadership roles for the Plant City Boys & Girls Club, South Florida Baptist Hospital Foundation and Plant City Chamber of Commerce. He served on a number of technical committees and was a speaker for the Florida Institute of Certified Public Accountants.

Sedita's recognitions include the *Paul Harris Award* from The Rotary Foundation; *Outstanding Alumnus* from the USF Alumni Association's Plant City Chapter; *District Award of Merit* from the Boy Scouts of America Gulf Ridge Council; and the *Outstanding Young Man Award* from the Plant City Jaycees.

In addition to his professional and community work, Sedita's favorite hobbies are spending time with his family, traveling, public speaking, kayaking, writing and riding his Harley-Davidson V-Rod. He says his mission is to, "To find and use my God-given gifts to make a positive difference in the world; to live adventurously; and to help and encourage the people and organizations I work with to face their fears and live their dreams." Sedita and his wife of 46 years, Paula, have two sons and two daughter-in-laws: J.P. and Elizabeth; and Jeff and Meghan.

**WHAT:** Strong Leader Award Dinner – Honoring Joe Sedita

**WHEN:** Tuesday, August 25<sup>th</sup>  
6:30pm - Cocktails  
7:00pm - Dinner  
8:00pm – Program

**WHERE:** [John R. Trinkle Center at HCC Campus Plant City](#)

**SPONSORSHIPS & TICKETS:** Table sponsorships are available for \$1,000 and include a table of eight. Individual tickets are \$75 per person. All proceeds benefit children and families in Plant City through YMCA programs and services. Your generous contribution provides kids with values-centered summer day camp, sports and swimming experiences to help them

grow strong in spirit, mind and body.

**EVENT  
CONTACT:**

Leigh Scott [leigh.scott@tampaymca.org](mailto:leigh.scott@tampaymca.org) or 813.757.6677

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**About the Plant City Y**

The Plant City Y is committed to providing kids with the tools they need to be successful in school and life; preventing/reducing childhood obesity; providing cancer survivors and their families with a place to heal through the LIVE**STRONG**® program; ensuring active older adults maintain/improve physical and social health while aging; and preventing and reducing accidental death due to drowning by providing aquatic education and swim lessons. The Plant City Y values diversity and inclusion by being open and welcoming to all. [www.tampaymca.org](http://www.tampaymca.org)