



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**For Immediate Release**

**Contact:**

Lalita Llerena  
Tampa Metropolitan Area YMCA  
813.224.9622 ext. 240  
813.545.7772 (cell)  
Lalita.Llerena@tampaymca.org

## **Director of Competitive Swimming Brings Wealth of Expertise**

**Tampa, FL (March 4, 2013)** – The Tampa Metropolitan Area YMCA is pleased to announce Stu Wilson as the new Director of Competitive Swimming at the New Tampa Family YMCA.

Stu brings more than 20 years of experience in collegiate and club level coaching. Stu was head coach for Georgia Tech's men's and women's swim team, assistant coach at Clemson University and head coach with the Swim Atlanta program. During his career, he has mentored five Olympic swimmers, coached many All-Americans, Olympic Qualifiers and Senior and Junior National Qualifiers. Stu also swam for the University of Georgia.

"We all share the same vision and that is to bring Tampa YMCA Swimming to the national level. We have the best 50-meter pool in the Tampa Bay area. It has a chiller which will keep the pool cool in the summer. Tampa YMCA has all of the resources needed to help the swimmers reach their goals, whatever that may be," says Stu.

Stu coaches the Tampa YMCA Stingrays (TYS), the competitive year-round swim team for the association. YYS is focused on youth development through goal-setting, teamwork and character development in a positive team environment. YYS New Tampa athletes and alumni compete in local, state, and national level competitions including NCSA Junior Nationals, the USA Olympic Trials, and many collegiate conference championship meets.

For more information about the YYS or to try out New Tampa Y's 50-meter heated pool, contact [alexis.mendenhall@tampaymca.org](mailto:alexis.mendenhall@tampaymca.org) or Coach Stu Wilson at [stuart.wilson@tampaymca.org](mailto:stuart.wilson@tampaymca.org). The New Tampa Y is also offering youth swim lessons from March–October 2013. For more Information contact Mia Matos at [mia.matos@tampaymca.org](mailto:mia.matos@tampaymca.org).

**###**

### **About the Y**

The Tampa Metropolitan Area YMCA is one of the area's leading nonprofits, strengthening Hillsborough and East Pasco communities through youth development, healthy living and social responsibility. Across the Association, 19 facilities engage more than 142,000 men, women and children — regardless of age, income or background — to nurture the potential of children and teens, improve our community's health and well-being, and provide opportunities to give back and support neighbors. The Tampa Y has long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change. [www.tampaymca.org](http://www.tampaymca.org)