



MARCH CALENDAR

South Tampa Family YMCA

Stay N' Play Hours are on the back

SUN	MON	TUE	WED	THU	FRI	SAT
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Weekly Activities

These youth activities are offered on a weekly basis and are *free* for members.

Family Pickleball (All ages) 3:00-6:00PM	Judo (Ages 5+) 12:00-1:00p Planet Kids (Ages 4-6) 3:00-3:45PM (Ages 7-11) 3:45-4:20PM	Open Gym (Ages 0-5) 10:15-11:00am Judo (Ages 5+) 7:30-9:00PM	Open Gym (Ages 0-5) 10:15-11:00am Judo (Ages 5+) 12:00-1:00PM Planet Kids (Ages 4-6) 3:00-3:45PM (Ages 7-11) 3:45-4:20PM		Judo (Ages 5+) 12:00-1:00PM Planet Kids (Ages 4-6) 3:00-3:45PM (Ages 7-11) 3:45-4:20PM Open Gym (Ages 0-5) 6:15-7:00pm	Judo (Ages 5+) 11:30am-1:00PM Yoga Boga for Kids (Ages 5+) 12:00-12:55PM
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Family Program Highlights and Special Events!

					1 Parent's Night Out 6:30-10:30PM	2
3 Stay N' Play now opens at 8:45am on Sundays	4 Fun Day Camp! Playground Pals 6:00PM	5	6	7	8	9 Family Potluck & Games 5:00PM
10	11 Music and Movement 10 AM Playground Pals 6:00PM	12	13	14 Songs & Storytime 5PM	15 Parent's Night Out 6:30-10:30PM	16
17	18 Spring Break Camp! Playground Pals 6:00PM	19 Messy Art Night 6:30PM	20	21 Songs & Storytime 5PM	22	23
24	25 Music and Movement 10 AM Playground Pals 6:00PM	26 Edible Creations! 6:30PM	27	28 Songs & Storytime 5PM		

ACTIVITIES

PROGRAMS

EVENTS



ACTIVITIES

Playground Pals

**Mondays in March
6PM**

Drop by the pirate ship playground and make a friend or two. We will be there to play, will you?

Location: Pirate Playground

Family Potluck & Games

**Saturday, March 9th
5PM**

Join us for the monthly family potluck here at the South Tampa Family YMCA. Bring a dish to share and come play some classic games with other families.

Location: Studio B

Messy Art Night

**Tuesday, March 19th
6:30PM-7:30PM**

An art night that would not be allowed to be done at home! Come create a wonderful masterpiece and let us clean up the mess!

Edible Creations

**Tuesday, March 26th
6:30PM-7:30PM**

Stop by to create a scrumptious edible concoction of your very own.



Like the South Tampa Family YMCA on FB to stay up to date on all of our fun activities, events and any last minute notifications.

PROGRAMS

Music and Movement

**Mondays 10-10:30AM
Ages 0-5**

Come and explore the world of music with your child. We'll provide a fun, energetic environment as long as you promise to be silly and sing along!

Children will be introduced to different musical instruments, the concept of beats and new ways to move to music!

Location: Gymnastics

*** No Class on March 4th or 18th.**

Songs and Storytime

**Thursdays 5:00-5:30PM
Ages 0-5**

Bring the whole family for some stories and songs.

Location: Studio A

Starting March 14th!!

Judo

**M/W/F 12-1, Tues 7:30-9 &
Sat 11:30-1:00;
Ages 5+**

Come out and discover the difference. Develop your endurance, strength and coordination through the art of Judo. Judo uniform (Gi) not required.

Planet Kids

M/W/F, please see front for times and ages

Integration of the golden rule through social interaction and movement using the components of fitness and sports. Kids will learn how to nurture healthy lifestyles and develop community connections.

Yoga Boga for Kids

Saturdays 12-12:55; Ages 5+

Kids will use stability balls for agility, focus, balance and fun!

EVENTS

Parents Night Out

**Friday, March 1st
Friday, March 15th
6:30PM-10:30PM**

Cost: FREE for members!

Who doesn't need a night off? Program for kids ages 5-12. Kids hang out and have an AWESOME time at the Y, while parents get a night out! Kids will enjoy dinner, games, structured activities & open gym!

Registration is limited and is on a first come first serve basis.

Stay N' Play Hours:

Monday through Saturday
7:45am-1:00PM

Monday through Thursday
3:00-8:00PM

Friday- 3:00-7:00PM

Sunday- 8:45am-4:00PM

Stay N' Play (5-12):

Monday through Thursday
3:00-8:00PM

Friday- 3:00-7:00PM

Saturday- 7:45am-1:00PM

Sunday- 8:45am-4:00PM

The Stay N' Play (5-12) will be open 7:45am-1:00PM Monday the 4th. It will also be open 7:45am-1:00pm the week of Spring Break (March 18th-22nd).

**Stay N' Play
now opens
at 8:45am
on Sundays**