



# FEBRUARY CALENDAR

## South Tampa Family YMCA

Stay N' Play Hours are on the back

SUN	MON	TUE	WED	THU	FRI	SAT
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### Weekly Activities

These youth activities are offered on a weekly basis and are *free* for members.

<b>Family Pickleball</b> (All ages) 3:00-6:00PM	<b>Judo</b> (Ages 5+) 12:00-1:00p  <b>Planet Kids</b> (Ages 4-6) 3:00-3:45PM (Ages 7-11) 3:45-4:20PM	<b>Open Gym</b> (Ages 0-5) 10:15-11:00am  <b>Judo</b> (Ages 5+) 7:30-9:00PM	<b>Open Gym</b> (Ages 0-5) 10:15-11:00am  <b>Judo</b> (Ages 5+) 12:00-1:00PM  <b>Planet Kids</b> (Ages 4-6) 3:00-3:45PM (Ages 7-11) 3:45-4:20PM		<b>Judo</b> (Ages 5+) 12:00-1:00PM  <b>Planet Kids</b> (Ages 4-6) 3:00-3:45PM (Ages 7-11) 3:45-4:20PM  <b>Open Gym</b> (Ages 0-5) 6:15-7:00pm	<b>Judo</b> (Ages 5+) 11:30am-1:00PM  <b>Yoga Boga for Kids</b> (Ages 5+) 12:00-12:55PM
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### Family Program Highlights and Special Events!

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					<b>Parent's Night Out</b> 6:30-10:30PM	
3	4	5	6	7	8	9
	<b>Music and Movement</b> 10 AM		<b>Messy Art Night</b> 6:30PM	<b>Bedtime Stories</b> 7PM	<b>Fun Day Camp!</b>	
10	11	12	13	14	15	16
	<b>Music and Movement</b> 10 AM			<i>Happy Valentine's Day</i> <b>Bedtime Stories</b> 7PM	<b>Parent's Night Out</b> 6:30-10:30PM	<b>Family Potluck &amp; Games</b> 5:00PM
17	18	19	20	21	22	23
	<b>Fun Day Camp!</b>  <b>Playground Pals</b> 6:00PM			<b>Bedtime Stories</b> 7PM		
24	25	26	27	28		
	<b>Music and Movement</b> 10 AM		<b>Edible Creations!</b> 6:30PM	<b>Bedtime Stories</b> 7PM		

ACTIVITIES

PROGRAMS

EVENTS



## ACTIVITIES

### Messy Art Night

Wednesday, February 6th  
6:30PM-7:30PM

An art night that would not be allowed to be done at home! Come create a wonderful masterpiece and let us clean up the mess!

### Family Potluck & Games

Saturday, February 16th  
5PM

Join us for the first ever family potluck here at the South Tampa Family YMCA. Bring a dish to share and come play some classic games with other families.

### Playground Pals

Monday, February 18th  
6PM

Drop by the pirate ship playground and make a friend or two. We will be there to play, will you?

### Edible Creations

Wednesday, February 27th  
6:30PM-7:30PM

Stop by to create a scrumptious edible concoction of your very own.

## PROGRAMS

### Music and Movement

Mondays 10-10:30AM  
Ages 0-5

Come and explore the world of music with your child. We'll provide a fun, energetic environment as long as you promise to be silly and sing along! Children will be introduced to different musical instruments, the concept of beats and new ways to move to music!  
\* No Class on February 18th.

### Bedtime Stories

Thursdays 7-7:45pm  
Ages 0-5

Come in your pajamas and join us for some short stories and songs! Short open gym to follow.

### Judo

M/W/F 12-1, Tues 7:30-9 &  
Sat 11:30-1:00;  
Ages 5+

Come out and discover the difference. Develop your endurance, strength and coordination through the art of Judo. Judo uniform (Gi) not required.

### Planet Kids

M/W/F, please see front for times  
and ages

Integration of the golden rule through social interaction and movement using the components of fitness and sports. Kids will learn how to nurture healthy lifestyles and develop community connections.

### Yoga Boga for Kids

Saturdays 12-12:55; Ages 5+  
Kids will use stability balls for agility, focus, balance and fun!

## EVENTS

### Parents Night Out

Friday, February 1st  
Friday, February 15th  
6:30PM-10:30PM

Cost: FREE for  
members!

Who doesn't need a night off? Program for kids ages 5-12. Kids hang out and have an AWESOME time at the Y, while parents get a night out! Kids will enjoy dinner, games, structured activities & open gym!

Registration is limited and is on a first come first serve basis.

### Stay N' Play Hours:

Monday through Saturday  
7:45am-1:00PM  
Monday through Thursday  
3:00-8:00PM  
Friday- 3:00-7:00PM  
Sunday- 11:45am-4:00PM

### Stay N' Play (5-12):

Monday through Thursday  
3:00-8:00PM  
Friday- 3:00-7:00PM  
Saturday- 7:45am-1:00PM  
Sunday- 11:45am-4:00PM

The Stay N' Play (5-12) will be open 7:45am-1:00PM Friday the 8th and Monday the 18th.



Like the South Tampa Family YMCA on FB to stay up to date on all of our fun activities, events and any last minute notifications.