





FEBRUARY CALENDAR

Plant City Family YMCA

SUN	MON	TUE	WED	THU	FRI	SAT
PROGRAM HIGHLIGHTS & SPECIAL EVENTS						
					1 Homeschool Fridays 8AM-3PM	2 Bike Rodeo 2-4PM 
3	4	5 Toddler Time: Zeno Zone 9:30AM Family Body Flow 4:30 PM	6 Homeschool PE 10-11AM	7 Toddler Time: Zeno Zone 9:30AM Kids 10-14 Fitness Orientation: 5:30-6:30 PM	8 no school Homeschool Fridays 8AM-3PM Parents' Night Out 5-9pm	9
10	11	12 Toddler Time: Zeno Zone 9:30AM Family Body Flow 4:30 PM	13 Homeschool PE 10-11AM	 Toddler Time: Zeno Zone 9:30AM Kids 10-14 Fitness Orientation: 5:30-6:30 PM	15 Homeschool Fridays 8AM-3PM Homeschool STEAM 10-11AM A Special Night Out 6-7:30pm	16
17	18 no school	19 Toddler Time: Zeno Zone 9:30AM Family Body Flow 4:30 PM	20 Homeschool PE 10-11AM	21 Toddler Time: Zeno Zone 9:30AM Kids 10-14 Fitness Orientation: 5:30-6:30 PM	22	23
24	25	26 Toddler Time: Zeno Zone 9:30AM Family Body Flow 4:30 PM	27 Homeschool PE 10-11AM	28 Toddler Time: Zeno Zone 9:30AM Kids 10-14 Fitness Orientation: 5:30-6:30 PM	1 Homeschool Fridays 8AM-3PM	2

ACTIVITIES

PROGRAMS

EVENTS



ACTIVITIES

Family Body Flow:

Tuesdays 4:30PM

Ages 8 and up (children must be accompanied by an adult)

A mat-based class that combines Yoga, Tai Chi, and Pilates into a full body workout.

PROGRAMS

Homeschool PE:

Wednesdays, 10-11am

Ages: 5-12

Program Cost: \$50/month

Member Cost: FREE

Register at the Welcome Center in advance.

The last half hour of the last class of each month, will be a Parent vs. Child game! Adults, wear your tennis shoes and come ready to play.

Homeschool STEAM:

Third Friday of the month

January - May 2019

Ages: 5-12

Cost: FREE Member Class

Register at the Welcome Center. Registration opens the 1st of the month and closes the Wednesday before the class.

Kids 10-14 Fitness

Orientation:

Every Thursday 5:30PM

Please see a Wellness Coach or Welcome Center for more details.

Stay & Play and Youth Zone Hours

Stay & Play: (ages 6wks-5yrs)

M- Th 8am-12:00pm and 4-8pm

Friday 8am-12pm and 4-7pm

Saturday 8am-12pm

Sunday 2pm-5pm

Youth Zone: (ages 5-12yrs)

M- Th 4-8:00pm

Friday 4-7pm

Saturday 8am-12pm

Sunday 2pm-5pm

EVENTS

Parents' Night Out

Ages 5-12

5:00-9:00 pm

Cost: FREE Member Event

Who doesn't need a night off? Our Y kid members get together for a fun night at the Plant City Family YMCA, while parents get a night out! Dinner is provided.

Register online or at our welcome center. Registration opens the Sunday before the event. Don't wait, this event fills up fast!

A Special Night Out

Ages: high school and up

Time: 6-7:30pm

Cost: FREE Community Event

This is our reoccurring event for persons with intellectual disabilities to enjoy new experiences, meet new people, and have FUN!

This month we will enjoy a time of food and fellowship, followed by some group sports with Coach Shawn! We will play a variety of sports in our basketball gym and encourage parents and caretakers to play also!

Email

Elizabeth.Patton@tampaymca.org

In advance to reserve your spot.

