



MARCH CALENDAR


Northwest Hillsborough Family YMCA

SUN	MON	TUE	WED	THU	FRI	SAT
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Weekly Activities

	Developmental Swim Team Ages: 5-12 6-7pm Homeschool P.E @ NW (ages 7-12) 1pm-2pm		Developmental Swim Team Ages: 5-12 6-7pm	Developmental Swim Team Ages: 5-12 6-7pm Homeschool P.E @ NW (ages 7-12) 1pm-2pm		
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Program Highlights and Special Events!

					1 Parents' Night Out Registration Opens	2 Kids' Dance Fitness 10:30am-11am
3	4 Fun Day Camp 7am-6:30pm	5 Treadmill Tuesday! 7:00am-7:00pm	6 Ash Wednesday National Oreo Cookie Day Zumbini 10:15am-11pm	7	8	9
10 Daylight Savings	11	12	13 Zumbini 10:15am-11pm	14	15 Special Night Out 6pm-8pm	16 Kids' Dance Fitness 10:30am-11am
17 St. Patrick's Day! 	18 Fun Day Camp 7am-6:30pm S.A.W. lessons begin	19 Fun Day Camp 7am-6:30p	20 Fun Day Camp 7am-6:30pm First Day of Spring	21 Fun Day Camp 7am-6:30pm	22 Fun Day Camp 7am-6:30pm Parents' Night Out! 6:30pm-10:30pm	23
24	25 Fun Day Camp 7am-6:30pm	26	27 Zumbini 10:15am-11pm	28	29	30 Kids' Dance Fitness 10:30am-11am
31						

ACTIVITIES

PROGRAMS

SPECIAL EVENTS



WEEKLY ACTIVITIES

Zumbini

Age: 0-4

Cost: \$99 per family

Time: 10:15am-11am

Date: March 6th-April 24th

Join us for a Zumbini by Zumba class sampler. This program combines music, dance and educational tools for 45 minutes of can't stop, won't stop fun! Sign up online at www.zumbini.com

Homeschool P.E

Ages 7-12

Mondays & Thursdays at NW:
1pm-2pm

Join us as we get the kids moving with structured P.E curriculum weekly!

Kids' Dance Fitness

Saturdays

March 2nd, 16th & 30th
10:30am-11am

Dance Fitness classes are rockin' high-energy dance parties packed with kid friendly routines.

PROGRAM HIGHLIGHTS

Fun Day Camp

March 4, 18-22, & 25

7am-6:30pm

Ages 5-12

School is closed, but the Y is open! Come and join us for Fun Day Camp Fun at Northwest. Sports, Crafts, Activities, and a whole lot of fun.

Members: \$35

Nonmembers: \$60

Swim Lessons

Ages 6 months to adult ongoing registration. Please visit our Welcome Center for details on session dates and times.

Developmental Swim Team:

Ages: 5-12

Times: Monday-Wednesday
6-7pm

The Developmental Swim Team bridges the gap between swim lessons and our competitive swimming program, the Tampa YMCA Sea Otters Swim Team.

Safety Around Water

S.A.W. is a free 4-day water safety course provided to children to teach a set of skills to reduce the risk of drowning and give them confidence in and around water.

When: March 18-22

Ages: 3-12

*Only non-swimmers and beginners are permitted

SPECIAL EVENTS

Treadmill Tuesday

When: March 5th

7:00am-7:00pm

Join us for our 4th annual Treadmill Tuesday. Help us log the most miles and beat Suncoast! Details at the Welcome Center.

National Oreo Cookie Day Tuesday, March 6th

The Oreo sandwich cookie is made up of two chocolate disks containing a sweet cream filling and is loved by millions. Since it's introduction, the Oreo cookie has become the best selling cookie in the United States. Indulge in a little sweet treat at the front desk and enjoy National Oreo Cookie Day!

A Special Night Out

Friday, March 15th

6pm-8pm

This program is for persons with intellectual disabilities in high school and above. Once a month, join us to enjoy new experiences, meet new people and have FUN!

Parents' Night Out

Friday, March 22nd

6:30pm-10:30pm

Who doesn't need a night off? This program is for kids ages 5-12. Kids hang out and have an AWESOME time at the Y, while parents get a night out! Kids will enjoy an evening with games & activities!



**REFER A FRIEND
AND BOTH SAVE
20% ON MONTHLY
DUES FOREVER**

Here's how it works...

- 1 Y members invite a friend to join the Tampa YMCA
- 2 You and your friend will receive 20% off monthly membership dues
- 3 Remain members together and save 20% forever.