



JANUARY CALENDAR

North Brandon Family YMCA

SUN	MON	TUE	WED	THU	FRI	SAT
PROGRAM HIGHLIGHTS & SPECIAL EVENTS						
Stay&Play Weekly Theme: Me and My Friends		1 Happy New Year!! Modified Branch Hours	2 Open House! 1-4pm Family Fun Craft 1-1:45pm	3 Open Gym Toddler 10:30-11am Youth 11am-12pm Open House! 1-4pm Open Gym 1-1:45pm	4 Tumble Time for KidZone 10-10:30a Open House! 1-4pm Scavenger Hunt 1-1:45pm	5 Minute to Win It: 11:30AM-12:30PM Parents' Night Out! 5:30-9:30p
6 Stay&Play Weekly Theme: World Traveler	7 Family Bodyflow 4:30p	8 Craft Corner 5:30-6:30p Parent/ Child Yoga 5:15-6:00p	9 In the Zone 10-10:30a 5:30-6p	10 Toddler Open Gym 10:30-11am Youth Open Gym 11am-12pm	11 Tumble Time for KidZone 10-10:30a	12 Minute to Win It: 11:30AM-12:30PM
13 Stay&Play Weekly Theme: Polar Express	14 Family Bodyflow 4:30p	15 Family Craft Corner 5:30-6:30p Parent/ Child Yoga 5:15-6:00p	16 In the Zone 10-10:30a 5:30-6p	17 Toddler Open Gym 10:30-11am Youth Open Gym 11am-12pm	18 Tumble Time for KidZone 10-10:30a	19 Minute to Win It: 11:30AM-12:30PM Parents' Night Out! 5:30-9:30p
20 Stay&Play Weekly Theme: I live in the Cold	21 PtoP: Early Literacy 10:45-11:15a Family Bodyflow 4:30p	22 Family Craft Corner 5:30-6:30p Parent/ Child Yoga 5:15-6:00p	23 In the Zone 10-10:30a 5:30-6p	24 Open Gym 10:30-11am Youth Open Gym 11am-12pm	25 Tumble Time for KidZone 10-10:30a	26 Minute to Win It: 11:30AM-12:30PM
27 Stay&Play Weekly Theme: Fun with Emotions	28 Family Bodyflow 4:30p	29 Family Craft Corner 5:30-6:30p Parent/ Child Yoga 5:15-6:00p	30 In the Zone 10-10:30a 5:30-6p	31		

ACTIVITIES

PROGRAMS

EVENTS



ACTIVITIES

Family Bodyflow

**Mondays 4:30p;
Ages 7+ (w/ parent)**

Join us for a fun family friendly Mat based class that combines Yoga, Tai Chi and Pilates into a full body workout that builds flexibility and core strength while leaving you feeling calm and centered.

Parent/Child Yoga

**Tuesdays 5:15p - 6p;
Ages 4+ (w/ parent)**

Time to unplug and connect with your inner peace in a 45 minute parent child class incorporating kid-friendly yoga-based poses in a fun, relaxed setting.

Family Craft Corner

Tuesdays 5:30p-6:30p

Lets get crafty! Challenge your creativity with fun crafts for the whole family. Stop by any time from 5:30 - 6:30pm on Tuesdays for a quick craft! Great for all ages 2yrs and up.

Minute to Win It

Saturdays from 11:30-12:30p

Stop by any time from 11:30a-12:30p on Saturdays to play Minute to Win It games!

Stay&Play Weekly Themes

Jan. 1-5 Me and My Friends

Jan. 2nd—Wear Yellow

Jan. 6-12 World Traveler

Jan. 8th—Dress like a tourist

Jan. 13-19 Polar Express

Jan. 15—Pajama Day

Jan. 20-26 I Live in the Cold

Jan. 22nd—Wear a winter hat

Jan. 27-31 Fun with Emotions

Jan. 28th—Story time with PtoP at 11:45am

PROGRAMS

Tumble Time with Stay&Play

Friday mornings 10-10:30a

Kid Zone kiddos get to run off some energy in the gymnastics center while you enjoy your workout.

In the Zone (Stay&Play)

**Wednesdays from
10-10:30a/ 5:30-6p**

In the zone is a Kidzone activity that will get your child engaged in cooperative fun and exciting activities. (Takes place in Kidzone)

Toddler Open Gym

**Thursdays 10:30AM-11:10AM
Ages 6 months—5 years**

Youth Open Gym

**Thursdays 11AM-12PM
Ages 9-16 years**

Developmental Swim Team:

**Tuesdays/Thursdays
6PM-7PM**

**Saturdays
9AM-10AM**

Ages 5—12

Everywhere Members \$50

Here Members \$65

Non Members \$80

EVENTS

Parents' Night Out

Ages 5 - 12

Sat, Jan. 5 | 5:30PM-9:30PM

Theme: Minute to Win it Olympics

Sat, Jan. 17 | 5:30PM-9:30PM

Theme: Color Me Crazy

Bring a White T-shirt with you.

Leave the entertaining to us for the evening! Parent's Night Out is a great opportunity for children ages 5-12 to make lasting memories through an evening of fun activities that enrich the mind body and spirit. Children will enjoy a range of physical and STEM activities, themed structured play, fellowship and more! Check the family activity calendar at your Tampa Y Family Center for upcoming dates and details.

PNO is a complimentary program for Family Memberships.

Open House!

January 2-4

Enjoy Fun Family Activities

From 1-1:45 each day

Jan 2: Minute to Win it and Crafts

Jan 3: Open gymnastics

Jan 4: Scavenger Hunt

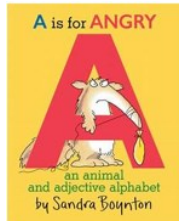
Open to the community.

Early Literacy with Parent to Parent!

Jan. 28th

11:45am

Join Parent to Parent for a story, craft and a wealth of information about integrating reading at an early age. (open to the community)



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YMCA Facebook page for the latest
info! Stay informed!**

