



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

### \*\*\*Media Video/Photo Opportunity\*\*\*

## Pedal for a Purpose at the South Tampa YMCA

**WHAT:** Community members are invited to pedal for a purpose during the South Tampa Family YMCA's 2<sup>nd</sup> Annual Spinathon on Saturday, April 14. The outdoor fundraising event is open everyone in the community – a Y membership is not required. Participants are encouraged to raise \$100+ in donations to jump on a spin bike. There'll be free t-shirts, food, beverages and fun for all riders throughout the event.

**WHEN:** Saturday, April 14, 8 am – 12 pm

**WHERE:** South Tampa Family YMCA, 4411 S. Himes Avenue, Tampa, FL 33611

**WHY:** Riders of all ages and all levels of experience can participate in four rides available throughout the day. The first hour-long ride begins at 8am and the day's final ride starts at 11am. In addition to high-energy spinning and teamwork, there will be prizes, food and fun!

Dollars raised benefit the South Tampa Y's annual campaign, which helps ensure everyone has access to Y programs such as summer camp, swim lessons, LIVE**STRONG**® at the YMCA cancer survivor program, Pedaling for Parkinson's, Y memberships and other programs that strengthen spirit, mind and body.

**EVENT CONTACT:** Alan Dubois  
Group Exercise Coordinator  
813.839.0210  
[Alan.Dubois@tampaymca.org](mailto:Alan.Dubois@tampaymca.org)