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**\*\*\*Media Video/Photo Opportunity\*\*\***

**Tampa YMCA Opening New Downtown Studio**

**WHAT:** Members of the media are cordially invited to join the [Tampa Metropolitan Area YMCA](#) as we host an exclusive sneak peek tour and open house of **the STUDIO**. The new multi-use fitness studio is an expansion of the Downtown Y Fort Brooke location on South Franklin Street.

Starting Monday, October 2<sup>nd</sup>, YMCA members and free guest pass holders will have access to the nearly 1,000 square-foot new group exercise studio complete with new state-of-the-art spinning bikes. In **the STUDIO**, members and guests will participate in indoor cycling, yoga, barre and other group exercise classes.

**WHEN:** **SNEAK MEDIA PEEK:** Tuesday, Sept. 26, 6:30 p.m.  
**GRAND OPENING TO MEMBERS & GUESTS:** Monday, Oct. 2 at 6:00 a.m.

**WHERE:** the STUDIO at the [Downtown YMCA](#)  
102 South Franklin St.  
Tampa, FL 33602

**WHY:** The new state-of-the-art fitness studio will provide continued opportunities for Downtown Tampa community members and employees to get active, fight the obesity epidemic and improve their overall health. Additionally, **the STUDIO** will serve those seeking stress relief, flexibility and core strength.

New Downtown YMCA members who join by 10/31 will pay a \$0 join fee (up to \$49 in savings). For free guest passes, [click here](#).

**MEDIA CONTACT:** Lalita Llerena  
Tampa Metropolitan Area YMCA  
813.224.9622 ext. 1240  
813.545.7772 (cell)  
[Lalita.Llerena@tampaymca.org](mailto:Lalita.Llerena@tampaymca.org)